



Laundry Guide

Key:

FS= fabric softener CB=chlorine bleach NCB=non chlorine bleach

Amounts:

Amount for soap is given in table. If bleach is needed, use 1/2 cup (regular household measure); if a load is really dirty, set the wash cycle to heavy soil or add the stain cycle by pushing that button. Use only about 1/4 cup fabric softener when needed. Or use dryer sheet instead of liquid FS.

Use a bit less than the product directions specify. Remember, manufacturers want you to use up their product so you will buy more. You almost never need as much as they suggest. Amounts are also relative. Use less for small loads; use less if you have soft water.

Caution:

Besides detergent, all of these products are optional. Fabric softener can reduce wrinkles. Using FS on towels reduces their absorbancy. Use any bleach with caution.

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Type of load	Cycle	Temperature	Soap, etc.	Drying
Whites: underwear, socks, dishrags, etc.	Cotton Sturdy, Max Extract	Warm wash, cold rinse	1/4 cup for small-med. load; 1/2 c. CB	Regular cycle, Normal temp
Lights: White or light colored T-shirts, etc.	Delicate	Cold or warm wash, cold rinse	1/4-1/3 cup for lg. load, NCB, FS	Regular cycle, cooler temp
Lightweight darks: T-shirts, etc.	Delicate	Cold wash, cold rinse	1/4 cup for lg. load, FS	Regular cycle, cooler temp
Jeans: 5-6 pair make a large load	Cotton Sturdy, Max Extract	Warm or cold wash, cold rinse	1/3 cup for lg. load, FS	Regular cycle, cooler temp
Towels: separate by colors: lights w/ lights, etc.	Cotton Sturdy, Extra Rinse, Max Extract	Warm wash, cold rinse	1/3 cup for lg. load--about 8 towels	Regular cycle, normal temp, extra time
Sheets: 2 sets make a lg. load: separate by color	Cotton Sturdy, Max Extract	Cold wash, cold rinse	1/4 cup for lg. load, FS	Regular cycle, Normal temp
Delicates: nylon items like wind-pants, bras, etc.	Hand Wash, Gentle	Cold wash, cold rinse	1/4 cup for lg. load, FS	Gentle cycle, very cool temp, hang bras to dry
Dress shirts, pants, etc.: separate by color	Delicate	Cold wash, cold rinse	1/4 cup for lg. load, FS, NCB for lights	Gentle cycle, cooler temp